



**BlueCross BlueShield
of New Mexico**

Telehealth

Blue Cross Community CentennialSM • Provider Training • 2023

Such services are funded in part with the State of New Mexico. The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, provider network, and/or copayments/coinsurance are subject to change. Blue Cross and Blue Shield of New Mexico complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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Telemedicine

Care When Your Patients Need It

Telemedicine provides your patients with convenient access to other health care professionals.

BCBSNM supports and encourages the use of telemedicine capabilities in order to improve access to and quality of care.

Please see the Telemedicine Quick Reference Guide located on our provider website:

bcbsnm.com/docs/provider/nm/telehealth-qrg-2022.pdf



Post PHE Telehealth Services

- Post PHE telehealth services will be covered as defined in **NMAC 8.310.2- Health Care Professional Services**.
- Telephone visits will continue to be allowed as they have been during the PHE, including in a member's home.
- This flexibility ends **December 31, 2024**



Telehealth Software and Hardware Requirements

Interactive telehealth communication systems must include both interactive audio and video and be delivered on a real-time basis at the originating and distant site. The software and hardware requirements include:

- **Secure telehealth software** – FaceTime and Skype are not HIPAA-compliant*
- **Computer or mobile device** – providers should confirm which devices and operating systems are compatible with their telehealth software vendor
- **Microphone** – may be external or integrated into your device
- **Camera** – may be external or integrated into your device
- **Internet connection** – must be a wired connection or secure Wi-Fi
- **Bandwidth** – See recommended bandwidth for different types of health care providers at [healthit.gov/faq/what-recommended-bandwidth-different-types-health-care-providers](https://www.healthit.gov/faq/what-recommended-bandwidth-different-types-health-care-providers)



Telehealth Definitions and Requirements

- **Originating site:** location of the eligible recipient (member/patient) at the time the service is being furnished via an interactive telehealth communications system
- **Distant site:** location where the consulting telehealth provider is physically located at the time of the telemedicine service
- **Telehealth providers** (including provider groups, facilities, agencies or organizations) and health professionals providing telemedicine services must:
 - Ensure compliance with relevant legislation, regulations and accreditation requirements for supporting patient/client decision-making and consent, including the confidentiality of the patient's protected health information
 - Comply with all relevant safety laws, regulations and codes for technology and technical safety, as well as those required by HIPAA's Security Rule and HITECH Act



What New Mexico Medicaid Benefit Services are Covered Via Telemedicine

All services are covered to the same extent the service and the provider are covered when not provided through telemedicine. Coverage for services rendered through telemedicine shall be determined in a manner consistent with Medicaid coverage for health care services provided through in-person consultation.



Originating Site Payment of Service

An originating site is any medically warranted site or location type.

- Medicare's geographic restrictions for the locations and types of eligible originating sites **do not** apply to New Mexico Medicaid managed care.

BCBSNM Telehealth originating site facility fee is paid at the lesser of billed charges or the Medicaid fee schedule.

Originating site providers that utilize telemedicine services can bill Q3014 code.

To bill the Q3014 code:

- Member must participate in the telemedicine visit
- Member must receive the telemedicine services at a provider location or a location that includes a provider staff person accompanying the member
- Distant provider must be at a separate location from the originating site



Distant Site Payment of Service

Same rate as when services provided are furnished without use of telecommunication system. Procedure codes must be billed with the appropriate modifier **GT**, **GQ**, **G0** (letter G and number zero), or **95**.

- **GT**: Modifier used to indicate telehealth services; via interactive audio and video telecommunication systems
- **GQ**: Modifier used to indicate telehealth services; via asynchronous telecommunications system
- **G0** (letter G and number zero): Telehealth services for diagnosis, evaluation or treatment of symptoms of an acute stroke
- **95**: Synchronous telemedicine service rendered via a real-time interactive audio and video telecommunications system

